SIMMUNE-BOOST'grocery list

- Spinach
- Broccoli
- Citrus Fruit
- Berries
- Garlic
- Turmeric
- Ginger
- Echinacea
- Sweet Potato
- Protein (chicken, beans, lentils)
- Matcha Green Tea
- Probiotics

LEARN HOW TO MAKE
MEALS WITH THIS LIST AT

IMERIKAMARIE.COM